



MAY 2024

FOUR SEASONS LODGE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 11:30 North Renfrew Times Reading (PSW) 3:00 Manicures (PSW) 6:00 Movie Night – Rom-Com (PSW) New Audio Book Selection Available	2 Happy Birthday Mildred! 10:30 Exercises (Physio) 4:00 Cards – Uno (PSW) Water Seedlings/Garden	3 10:30 Exercises (Physio) 2:30 Taste of Home & Cocktail Hour (with Ann) 4:00 New on TV (PSW)	4 11:30 Bowling (PSW) 2:00 Afternoon Movie – Action (PSW) Water Seedlings/Garden
5 Happy Birthday Brenda! 11:30 Trivia (PSW) 4:00 Church Group 6:00 Movie Night - History (PSW)	Abbie's 1st Dav Back! 9-3 6 10:30 Exercises (Physio) 1:30 Bingo (PSW) Decorate for Mother's Day/Spring 4:00 News on TV (PSW) Water Seedlings/Garden	7 10:30 Exercises (Physio) 11:30 Horoscopes (PSW) 4:00 News on TV (PSW) Water Seedlings/Garden	8 11:30 North Renfrew Times Reading (PSW) 4:00 Cards – Crazy 8s (PSW) 6:00 Evening with the Cubs – Crafting & Planting! Water Seedlings/Garden	9 10:30 Exercises (Physio) Decorate for Mother's Day/Spring 4:00 News on TV (PSW) Water Seedlings/Garden	9-3 10 10:30 Exercises (Physio) 11:00 Mother's Day Brunch 2:00 NHL Playoff Update 3:00 Cocktail Hour (with Ann) Water Seedlings/Garden	9-3 11 10:00 Volley Ball 11:30 Group Crossword 1:30 Sensory Boxes Water Seedlings/Garden
9-3 12 Happy Mother's Day! 9:30 Chair Yoga 10:30 Sensory Boxes 4:00 Church Group 6:00 Movie Night - Drama (PSW) Water Seedlings/Garden	13 10:30 Exercises (Physio) 11:30 Horoscopes (PSW) 1:30 Bingo (PSW) 4:00 News on TV (PSW) Water Seedlings/Garden	9-4 14 10:00 Horoscopes 10:30 Exercises (Physio) 11:00 Musical Guests – Singing Group 1:30 Taste of Home 4:00 News on TV Water Seedlings/Garden	1:30 – 8 15 11:30 North Renfrew Times Reading (PSW) 1:30 Braining Storming for Education Video 4:00 Cards – Crib (PSW) 6:00 Sensory Boxes Water Seedlings/Garden	9-3 16 10:30 Exercises (Physio) 2:00 PM Resident's and Family Council 4:00 News on TV (PSW)	17 10:30 Exercises (Physio) 3:00 Cocktail Hour (with Ann) 4:00 New on TV (PSW) Water Seedlings/Garden	18 11:30 Bowling (PSW) 2:00 Afternoon Movie – Comedy (PSW) Water Seedlings/Garden
19 11:30 Trivia (PSW) 4:00 Church Group 6:00 Movie Night - Action (PSW)	9-3 20 Happy Victoria Day! 10:30 Exercises (Physio) 11:00 Taste of Home 1:30 Bingo 4:00 News on TV (PSW)	21 10:30 Exercises (Physio) 11:30 Horoscopes (PSW) 4:00 News on TV (PSW) Water Seedlings/Garden	22 11:30 North Renfrew Times Reading (PSW) 4:00 Manicures (PSW) 6:00 Movie Night – History (PSW)	9-3 23 10:30 Exercises (Physio) 11:30 NHL Playoff Update 1:30 Crafting 2:30 Sensory Boxes Water Seedlings/Garden	24 10:30 Exercises (Physio) 3:00 Cocktail Hour (with Ann) 4:00 New on TV (PSW) Water Seedlings/Garden	9-3 25 10:30 Bowling 11:30 Group Crossword 1:30 Sensory Boxes Water Seedlings/Garden
9-3 26 Happy Birthday Shirley! 10:30 Chair Yoga 11:30 Trivia 4:00 Church Group 6:00 Movie Night - Thriller (PSW) Water Seedlings/Garden	27 10:30 Exercises (Physio) 4:00 News on TV (PSW) Water Seedlings/Garden	9-4 28 10:00 Horoscopes 10:30 Exercises (Physio) 11:00 Trivia 1:30 Taste of Home 4:00 News on TV Water Seedlings/Garden	1:30 – 8 29 11:30 North Renfrew Times Reading (PSW) 1:30 Volley Ball 4:00 Cards – Crib (PSW) 6:00 Sensory Boxes Water Seedlings/Garden	30 10:30 Exercises (Physio) 4:00 News on TV (PSW) Water Seedlings/Garden	9-3 31 10:30 Exercises (Physio) 3:00 Cocktail Hour (with Ann) 4:00 New on TV (PSW) Water Seedlings/Garden	

Please remember to express your interests in Recreational Activities at Residents and Family Council or bring forward your fantastic ideas at any time.

** Friendly Masking Policy in place, see staff for further details. The Lodge encourages family to join/participate in programming with their loved one, when able. Face Time or Skype calls are also always available, please call to setup. **