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### **DRDH BREAKS GROUND ON NEW LONG-TERM CARE HOME**

The groundbreaking ceremony took place on August 2 at the future site of the new Four Seasons Lodge Long-Term Care Home at Deep River and District Health. *See pages 3–7 for the full story.*



### **SUMMERTIME FAMILY FUN DAY**

Our DRDH team members and their families soaked up the sun and enjoyed a fantastic summertime family fun day at Lamure Beach on Saturday, August 10, 2024. *See pages 15-16 for the full story.*

# AUGUST 2024

# + CEO'S CORNER

## CONNECTING WITH OUR DRDH TEAM AND COMMUNITY



August has been a monumental month for our health campus, our DRDH team, and the broader community. We celebrated together breaking ground on our new Four Seasons Lodge Long-Term Care Home, marking a significant milestone in our evolution as a health campus. This project is not just impactful for our organization, but also for the entire community and local health system, offering added services and health system capacity here in Deep River. As the biggest recent investment in capital development and construction in our town, this project underscores our commitment to providing quality care and expanding services to meet growing needs far into the future.

As part of the groundbreaking celebration, we were joined by both our MPP, John Yakabuski, as well as the Minister of Long-Term Care, Minister Kusendova-Bashta. This was an opportunity to showcase not only our expanding services, but also the excellent work our team delivers in caring for our community every day. Thank you to all our team members who helped to welcome the Minister and her team, and embrace the opportunity to put Deep River and District Health on the provincial stage.

Just as exciting is the daily opportunity we have to witness the progress on our Primary Care Building, with walls beginning to rise and the building really taking shape. Each day brings us closer to our future home for primary care and a space that will enhance our ability to care for our community.

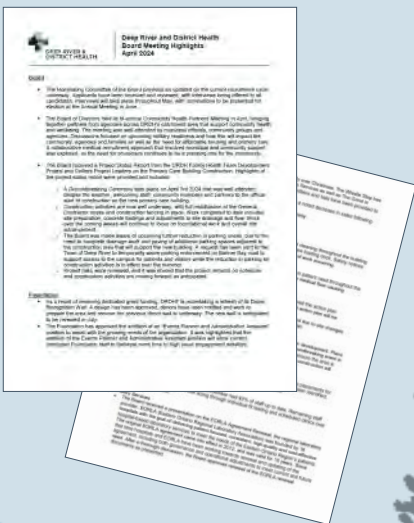
As summer winds down, our focus will shift towards planning for the fall. We know that with a return to school and indoor activities comes added risk for illnesses and the spread of infection. Knowing this helps us to better prepare for an increased demand and need for our services, as well as to ensure we are as resilient as possible. Work is already underway to ensure we are ready for fall, and will continue in the coming weeks and months to ensure we our operations are stable and strong to meet the needs of our patients and residents.

Thank you to all of our team members who have worked hard to carry us through the summer months. Your unwavering dedication ensures we are able to continue to care for our community every day. While the progress we are making together to expand and strengthen our local health services is truly exciting, I am most inspired by what we achieve together each day. Whether it is having an overflowing emergency department or medical inpatient unit, new residents moving into long-term care, or more complex patients in primary care, these needs impact every member of our team. Our environmental services, dietary, nursing, administration and all other teams have been busier than ever in keeping up with need, and in filling the gaps that summer brings. Thank you to everyone who keeps stepping up to do what is necessary to look after our patients, residents, and each other. Seeing so many of us living our purpose to *care for every person like a loved one* has been the most moving part of these very busy times, and what makes DRDH such a unique organization to be a part of.

Your sincerely,  
**Janna Hotson**  
 President and Chief Executive Officer  
 Deep River and District Health

## BOARD HIGHLIGHTS

Click [here](#) to read the latest edition of our Board Meeting Highlights.





## DEEP RIVER AND DISTRICT HEALTH BREAKS GROUND ON NEW LONG-TERM CARE HOME



*Pictured here on August 2, 2024 breaking ground for the new Four Seasons Lodge Long-Term Care Home at Deep River and District Health (DRDH) are David Cox - DRDH Board Chair, John Yakabuski - MPP for Renfrew-Nipissing-Pembroke, Minister of Long-Term Care Natalia Kusendova-Bashta, Brenda – Four Seasons Lodge Resident, Janna Hotson – DRDH President and CEO, and William Willard – DRDH Executive Vice President and CFO.*

Deep River and District Health (DRDH) is delighted to announce the groundbreaking of our new 96-bed Four Seasons Lodge Long-Term Care Home, highlighting a major step forward in our commitment to increasing long-term care services in our community.

The groundbreaking ceremony took place on August 2 at the future site of the new Four Seasons Lodge Long-Term Care Home at Deep River and District Health. Together with residents, DRDH team members, government officials, and community partners, DRDH celebrated this significant moment, heralding the beginning of construction for the new home.

The new 71,000 square foot, 2-story, Four Seasons Lodge will replace DRDH's existing 14-bed long-term care home, providing a home for 96 individuals, and is expected to welcome its first residents in early 2027.

The groundbreaking ceremony received honour from Natalia Kusendova-Bashta, Minister of Long-Term Care, who joined in the celebration and commended DRDH for their dedication to increasing long-term care services. "Congratulations to the team at Deep River & District Health and on the construction of this new home. Our government is fixing long-term care and ensuring we build homes for seniors in the communities they helped build," said Natalia Kusendova-Bashta, Minister of Long-Term Care. "Today marks a significant milestone for Deep River. When construction is complete, 96 residents will have a modern and comfortable place to call home."

The construction of the Four Seasons Lodge is part of the government's plan to build over 58,000 new and upgraded long-term care beds across Ontario, and benefits from the recently extended Construction Funding Subsidy top-up program. "The support from the Government of Ontario and our partners has been instrumental in bringing this project to life", noted David Cox, Board Chair of DRDH. "We are excited for the positive impact it will have on both our current and future residents, as well as their families."

*Continued on next page...*



Designed to meet modern standards, the new building will feature three “resident home areas,” each creating an intimate and familiar living space for up to 32 residents, complete with dining and activity areas, lounges, and bedrooms.

Located at Deep River and District Health, the new Four Seasons Lodge will be part of DRDH’s campus of care, integrating the long-term care home into the broader healthcare system and ensuring residents can conveniently access the care they need.

“Today’s groundbreaking represents a significant milestone in the evolution of our health campus here in Deep River. With construction of the new Four Seasons Long-Term Care Home now underway, we are moving forward on a remarkable journey to expand long-term care services for our community. We extend our heartfelt gratitude to the government, our dedicated team, and all our partners who have made this vision a reality,” stated Janna Hotson, President and CEO of DRDH.

John Yakabuski, Member of Provincial Parliament for Renfrew-Nipissing-Pembroke, also expressed his support, stating, “Today’s groundbreaking on the new Four Seasons Lodge is welcome news for residents of Renfrew-Nipissing-Pembroke. With an aging population, the need for modern, comfortable and safe accommodations is being met with this new, state-of-the-art 96 bed facility. Congratulations to the team at Deep River and District Health for their diligence in advocating for this new facility.”

As construction progresses, DRDH looks forward to sharing regular updates with our community, celebrating each step towards increasing our capacity to provide excellent, compassionate care to our community.



As we broke ground on our new Four Seasons Lodge Long-Term Care Home, we were joined by the Mayors from all four of our surrounding municipalities, as well as the Renfrew County Warden, showing their fantastic support for our new 96-bed home in Deep River. A huge thank you to everyone who joined us!





Above are a few more moments from our groundbreaking ceremony and celebration. Thank you to all our residents, DRDH team members, government officials, and community partners joined us in celebration on this important day!

A special thank you to the Honourable Natalia Kusendova-Bashta, Minister of Long-Term Care, and John Yakabuski, Member of Provincial Parliament for Renfrew-Nipissing-Pembroke, for coming to Deep River and commemorating this significant milestone for our community.





Our groundbreaking ceremony was filled with incredible music! The celebration featured performances by Kevin Lamarr from the Algonquins of Pikwàkanagàn First Nation who honoured us with a beautiful opening song, local musician Marc Audet who composed a special song just for this project, MPP John Yakabuski, and many of our talented DRDH team members. The support and creativity from our community truly made this event unforgettable. Thank you to all the musicians for adding such a meaningful touch to our special day!



We were pleased to welcome Minister Natalia Kusendova-Bashta and our local MPP John Yakabuski for a tour of our hospital as well as the current Four Seasons Lodge while they were onsite for our groundbreaking celebration on August 2, 2024. They had the opportunity to meet many of our residents and family members, as well as witness firsthand the dedication of our team in providing excellent, compassionate care.

We are grateful for the continued support as we move forward with the construction of our new 96-bed Four Seasons Lodge Long-Term Care Home!



## DRDH IN THE NEWS

CBC News Ottawa interviewed our President and CEO, Janna Hotson, as well as our MPP, John Yakabuski, about the about the groundbreaking of our new Four Seasons Lodge Long-Term Care Home. Click [here](#) to check out the article!



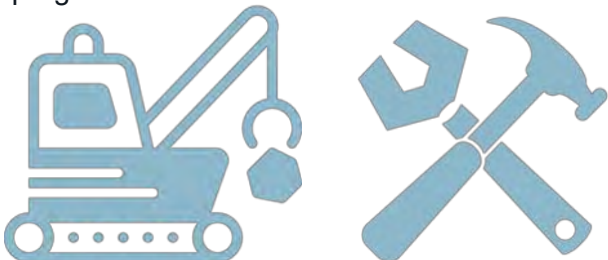


# LONG-TERM CARE BUILDING PROGRESS



Exciting progress on our new 96-bed Four Seasons Long-Term Care Home has been taking place! The initial ground preparation was completed in late July, and after a brief pause for assessments, the team from Frecon is back on site. The team is now completing rock breaking work, and gearing up to pour the building's foundation, bringing us one step closer to our new home.

Stay tuned for more updates as construction progresses!





# PRIMARY CARE BUILDING PROGRESS



August 6, 2024



August 8, 2024



August 15, 2024



August 22, 2024



August 22, 2024

Our new Primary Care Building is really taking shape! This month, the Frecon team completed the framing, poured curbs, and finished paving a section of the parking lot, including the areas around our loading dock and staff entrance. The progress is truly bringing the new building to life this month.

Stay tuned for more updates as construction progresses!

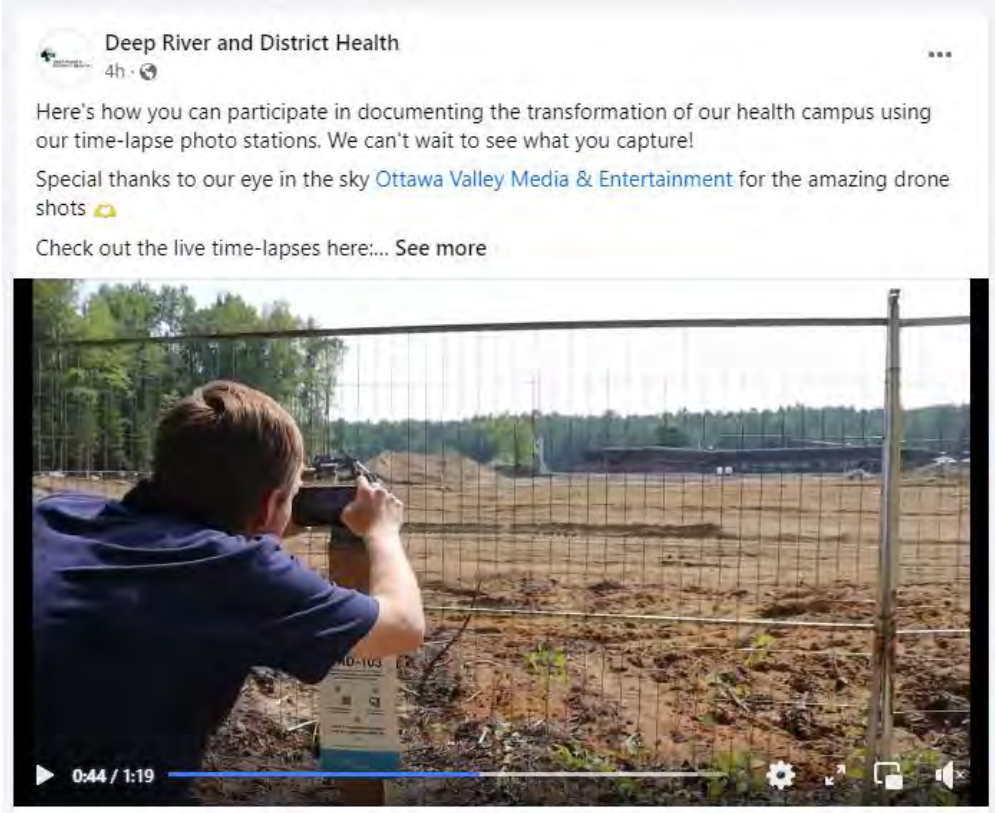




# HOW TO: DRDH TIME-LAPSE PHOTO STATIONS

We are excited to share an opportunity for you to be directly involved in documenting the transformation of our health campus as construction progresses on our new Primary Care Building and our new Four Seasons Lodge Long-Term Care Home.

We've installed three time-lapse photo stations, and we'd love for everyone to participate. Click on the image below to watch a short video on our Facebook page on how to use the time-lapse stations:



By taking just a moment to participate, you'll be helping create a unique visual history of these important milestones.

We encourage everyone to join in and be part of this exciting project. We can't wait to see what you capture!

You can see the live time-lapses by clicking on the images below:



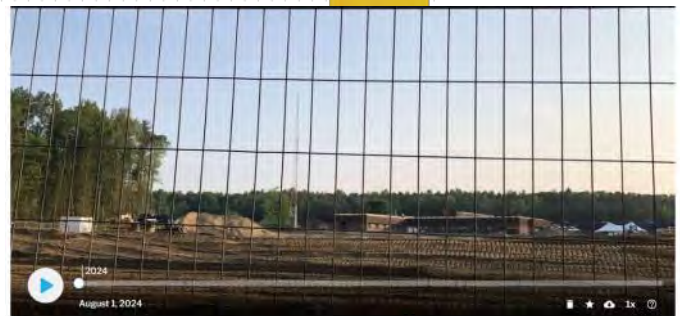
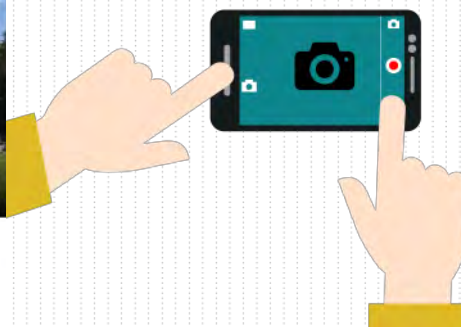
**DRDH - Primary Care Building**

Managed by [Deep River and District Health](#)  
Since 2024 · In Ottawa, CA · DRH001



**DRDH - Long-Term Care Home (View 1)**

Managed by [Deep River and District Health](#)  
Since 2024 · In Ottawa, CA · DRH002



**DRDH - Long-Term Care Home (View 2)**

Managed by [Deep River and District Health](#)  
Since 2024 · In Ottawa, CA · DRH003

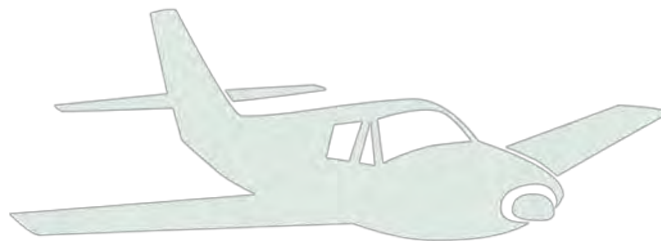


## DRDH FROM ABOVE



Check out this bird's eye view of our health campus!

This stunning aerial shot, taken from above by Bill Simmons, captures progress from earlier this summer on construction for both our new Primary Care Building as well as our new Four Seasons Lodge Long-Term Care Home.



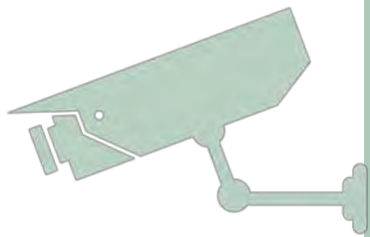
## CAMERA SYSTEM GO-LIVE

We are pleased to share that our new camera system went live on August 1, 2024.

The upgrade to our camera system significantly enhances staff, resident, and patient safety across our organization. This upgrade replaces our aging camera system as well as creates additional capacity for the system to grow as our buildings and campus expand into the future.

This upgrade is another investment in ensuring a safety and secure environment for everyone, as well as helping our organization grow.

A big thank you to our IT team members for all their work on getting our new camera system up and running.



## GRATEFUL PATIENT MESSAGE

*To the paramedics, the emergency staff, and especially to Drs. Ourhana + Sage: Your hard work, skill, dedication & compassion kept our [redacted] alive! Words are unable to express our profound gratitude. Thank you so very very much.*

- Grateful Family Members



# MANDATORY EDUCATION

## SEPTEMBER 2024

Please see the assigned education for the month of September on Surge Learning. This is due to be completed by **Wednesday, September 25, 2024**. Please contact Rebekah if you are having any issues accessing the education.

Topic	Target Staff
Raising Awareness of Invisible Disabilities	All
Skin and Wound Care Program for Front Line Staff and Families	RN, RPN, PSW, Dietitian, Physiotherapy
Skin and Wound Care Program	RN, RPN, PSW, Dietitian, Physiotherapy
Minimization of Restraints and PASD (PASD)	RN, RPN, PSW, Physiotherapy, Rec
Palliative Care and End of Life - Part 2	RN, RPN, PSW, Rec
Bloody Easy Lite 2	RN, RPN
Urinalysis POCT Policy	RN
Best Practices for Environmental Cleaning: Discharge/Vacancy Room Clean	Housekeeping

## Raising Awareness of Invisible Disabilities

### Depression

"a mood disorder that causes a persistent feeling of sadness and loss of interest"

### Dyslexia

"a learning disorder that involves difficulty reading due to problems identifying speech sounds and learning how they relate to letters and words (decoding)"

### Learning Disorder

"an information-processing problem that prevents a person from learning a skill and using it effectively"

Please contact Rebekah ([rebekah.thompson@drdh.org](mailto:rebekah.thompson@drdh.org)) if you are having any issues accessing the education.



# STAFF HAPPENINGS

## NEW HIRES



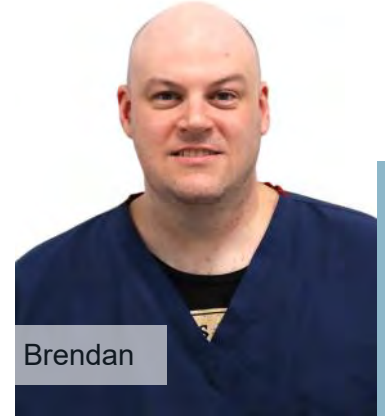
Ann



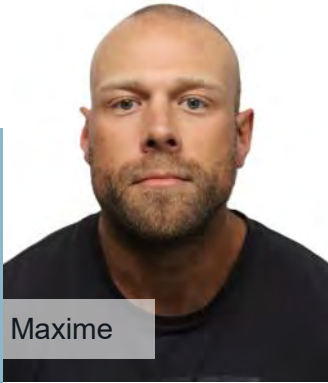
Kristen



Brittney



Brendan



Maxime



Brianna



Megan

### - WELCOME -

This month we are pleased to welcome seven new members to our team. **Ann** is a Registered Nurse, **Kristen** is a Registered Practical Nurse, **Brittney** is a Pharmacy Technician, and **Brendan** is a Medical Radiation Technologist.

We are also pleased to welcome two new members to our team through the Eastern Ontario Regional Laboratory Association (EORLA). **Maxime** is a Medical Laboratory Technologist, and **Brianna** is a Medical Laboratory Assistant. This month we also welcomed **Megan** to a new role within DRDH as Events & Fundraising Assistant. In this role, Megan will support the growth of the Deep River & District Health Foundation in response to the expansion of our health campus in the coming years. Please join us in extending a warm DRDH welcome to all our new team members!

### - WELCOME STUDENTS and RESIDENTS -



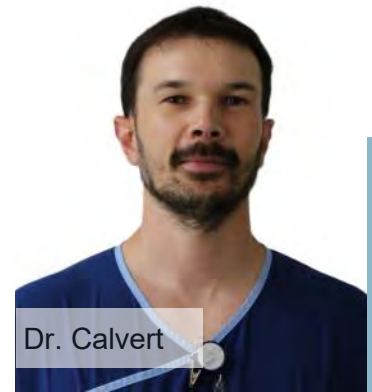
Pulchérie



Sarah



Dr. Edmison



Dr. Calvert

This month DRDH is also happy to host a number of students and residents. **Pulchérie** is completing her Supervised Practice Experience Partnership program in order to become recertified as a Registered Nurse in Ontario, **Sarah** is a Physician Assistant student from McMaster University, **Dr. Edmison** is joining us again from the Department of National Defence (DND) through the Maintenance of Clinical Readiness Program, and **Dr. Calvert** is completing a rotation at DRDH through the Pembroke Regional Hospital's residency program. **See the next page for more...**



## DRDH WELCOMES MEDICAL RESIDENTS



We're pleased to welcome two additional Residents to DRDH for their rotations through the Pembroke Regional Hospital's residency program this month. Dr. Ferrier, who is returning for a second rotation, and Dr. Deveau, joining us for the first time, are already getting to experience rural healthcare first-hand. Pictured here in our Emergency Department, Dr. Ferrier (left) and Dr. Deveau (right) are shown working alongside Dr. Sage (middle) as they provide excellent care to our community.

## BUILDING UPDATES



While there has been a lot of construction work happening outside this month, exciting updates have been taking place inside our organization as well!

Thanks to the efforts of our maintenance team, the removal of old carpets, the addition of new flooring, and a fresh coat of paint have all spruced up the area across from our Family Health Team. This space will act as a temporary home for our Foundation team members Megan and James.



# DRDH SOCIAL COMMITTEE NEWS—SUMMERTIME FAMILY FUN DAY!



Our DRDH team members and their families soaked up the sun and enjoyed a fantastic summertime family fun day at Lamure Beach on Saturday, August 10, 2024.

It was a great day to enjoy some fun in the sun together. Special thanks to DRDH Social Committee members Amber, James, Kelsea, Michelle, and Rebekah for organizing the day, as well volunteers Lily, Josh and Jeremy.

Winners of the beach baskets were Maddy's family, who found the special hidden treasure, Darla's family, for their efforts on the Scavenger Hunt, and Amanda's family, for their impressive sand castle building skills. Thank you again to everyone who joined us and made the day a great success!





# DRDH SOCIAL COMMITTEE NEWS—SUMMERTIME FAMILY FUN DAY!





# Get the Homewood Health App

140 years Homewood Health  
Experience the power of care

Support, Counselling, and Health Resources at Your Fingertips



Find it on the app stores - search: "Homewood Health"



**Empower your well-being:** The Homewood Health app provides comprehensive support for your mental health and well-being, designed for individuals, families, and employees.

## Getting Started:



### 1. Download the Homewood Health App:

- Apple iOS Devices
- Android OS Devices
- Or visit [homeweb.ca/app](http://homeweb.ca/app)

### 2. Log In or Register:

- Use your HomeWeb account email and password to log in.
- New to HomeWeb? Register directly through the app.

### 3. Access Support:

- Engage with 24/7 access to mental health resources and support.

## App Features

- **Instant Connection:** One-touch access to your Homewood EFAP Client Services Centre for immediate support.
- **24/7 Availability:** Access support anytime, anywhere.
- **Plan Services:** Utilize counselling support, assessments, and daily wellness tracking & recommendations.
- **Comprehensive Care:** From immediate assistance to self-help tools, we provide the support you need.
- **Health Resources:** Explore expert articles, tools, and supports.
- **Online Therapy:** Access transformative online therapy programs through Sentio or i-Volve.
- **Seamless Integration:** Sync with your HomeWeb account for a smooth and user-friendly experience.

Need help? Contact Homewood Health with any questions you have:

Phone: 1-800-663-1142 | Français Support: 1-866-398-9505 | Website: [homeweb.ca/app](http://homeweb.ca/app)





DEEP RIVER &  
DISTRICT HEALTH



# DRDH EStore

SHOP EXCLUSIVE DRDH BRANDED:

TSHIRTS | TOQUES | SWEATERS |  
DRINKWARE | JACKETS | SCRUB TOPS

Buy directly from the online store, or by payroll deduction!  
A portion of each purchase goes to the DRDH Foundation

[www.drdhstore.org](http://www.drdhstore.org)



NEW  
GEAR  
ADDED!



## + RESIDENTS' COUNCIL CORNER



The Residents' and Family Council held their monthly meeting on Wednesday, August 14, 2024, at the new meeting time of 11:00 AM. This new time worked quite well for the group, having almost full attendance by all of the residents. The meeting began with the Council discussing the meeting structure and examples of items that are routinely discussed, as we welcomed two new residents for their first Council meeting this month. Following a warm welcome and summary of the importance of the Council, past items were reviewed, highlighting the work that has been done so far on the resident-centered care video project. Thanks were extended to the residents for participating and to our volunteers for their support with capturing video clips. Work continues on the video project, and additional updates will follow in the near future.

New business discussed for August included the annual review of the Council's Support Person and Council President, as well as the structure of the Council. A thorough discussion took place about the role of the support person, as well as the Council's responsibilities and membership as outlined in the Terms of Reference. Minor adjustments to the structure of the Council were also discussed, as they are being made to ensure alignment with the requirements of the Council as highlighted by a recent inspection by the Ministry of Long-Term Care. The Council voted and were in favour of Abbie, Recreation Worker, continuing as the Council's Support Person. The Council also voted in favour of having Lorraine continue as the Resident Council President for the year. Moving forward, the Council Support Person and Resident Council President will work together to review items each month to be included on the agenda and seek input from the Home's Director of Care and Administrator on additional necessary discussion topics.

Further new business included a brief overview of emergency preparedness education, including information on Code Red for fire safety, Code Green for emergency evacuations, and Code Grey for loss or failure of infrastructure. The Council discussed the recent failure of our air cooling system, and how well our team worked during the outage to ensure residents stayed cool.

The Council also made plans for a special meal of the month for September, and residents indicated they would like to do have a BBQ steak dinner early in the month. It is planned that the meal will include steak, to be served as per resident preference, along with baked potatoes, sour cream and chives, corn on the cob, carrots, salad, and Ann's specialty fruit pizza for dessert.

The Council also discussed activities for the upcoming month including hosting a camp fire and make your own s'mores night, doing some pickling of vegetables, continuing *Taste of Home* with fall inspired recipes, as well as adding knitting to the activities.

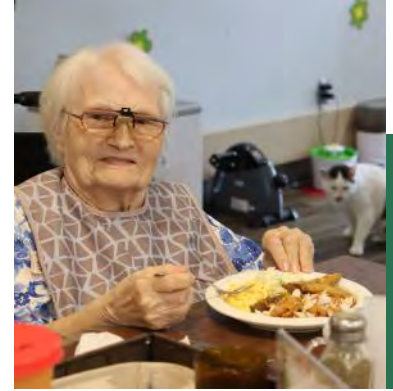
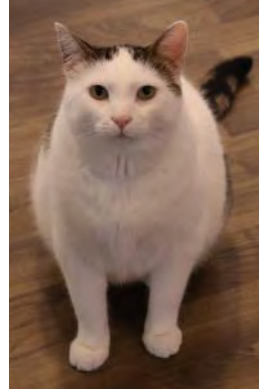
As part of our review of the Resident Bill of Rights each month, the Council reviewed the final right, enforcement of the residents' bill of rights, which states, ***"A resident may enforce the Residents' Bill of Rights against the licensee as though the resident and the licensee had entered into a contract under which the licensee had agreed to fully respect and promote all of the rights set out in the Residents' Bill of Rights."*** The Council was reminded that the Resident Bill of Rights is included in the move-in package and is posted within the home. The Council also discussed that they can bring forward a concern at any time if they feel any of the Resident Bill of Rights are being breached, and reviewed the steps for making a complaint.





# FOUR SEASONS LODGE NEWS

Special Lunch and Crafts



Our residents had a finger-lickin' good time enjoying a special take-out lunch from Mary Brown's Chicken on August 13, 2024.



On August 20, our residents spent a delightful afternoon crafting beautiful bouquets of flowers, bringing a burst of colour and cheer into the Lodge!



JAN'S VALU MART SUPPORTS CLOSER TO HOME



Thanks to Jan's Valu-Mart for supporting the Closer To Home campaign in July by accepting donations at the cash register and hosting a BBQ.

Pictured here is store owner Jan Sunstrum along with Michelle Hunter. We appreciate the team at Valu-Mart!



MARCHING FOR A CAUSE

Get ready to cheer on the "Spicy Campers" this Saturday, August 31st starting at 9AM, as they take on an incredible challenge—a 21K ruck march right here in Deep River. This charity ruck team (initially started by a group of local military veterans) will be completing a circuit around our downtown area, starting at Figaro Hair Stylist. To hit their 21K goal, they'll be making their way around the downtown loop an impressive 42 times!

All funds raised will go towards the Closer To Home campaign, to equip and furnish our new 96-bed Long-Term Care Home. They'll have a donation, hydration, and raffle table set up at Figaro Hair Stylist, so come by, show your support, and help them make a difference in our community.

Let's come together to support these dedicated marchers and the cause they're championing. See you on Saturday! For more information about the team, or to make a donation to celebrate their efforts, [click here](#).





## SPLIT THE POT IS BACK!

Split the Pot Lottery is back! The lottery has 62 hospital partners across Ontario, making it the largest partnered fundraising initiative in the province.

Proceeds from every ticket sold, as well as winnings, can either be split among all participating hospitals or be directed to the participating hospital of your choice.



**Win BIG! Support your local hospital.**

Current estimated payout  
**\$1,200,000**  
Current estimated jackpot \$2,400,000

**\$17,000 awarded each week shared between multiple winners**

Next early bird deadline in:  
05 days 09 hours 12 min 52 sec

Your big payout is one ticket away

Over \$5 million has been awarded to 99 winners

Buy your Split the Pot tickets today!  
Grand Prize Deadline September 18 at 11:59 PM

700 tickets	\$100	Add
250 tickets	\$75	Add
50 tickets	\$50	Add
5 tickets	\$20	Add

0 tickets for \$0

SELECT TICKETS

## ANNUAL DRDH FOUNDATION GOLF TOURNAMENT



**DEEP RIVER & DISTRICT HEALTH**  
Foundation

# GOLF TOURNAMENT

Thursday, August 29 @ 11:30 AM - 8:00 PM

**REGISTRATION NOW CLOSED!**

Registration includes 18 holes of golf and dinner

Stay tuned to next month's edition of the Zinger to see all the fun from our annual DRDH Foundation Golf Tournament!

## CALL FOR CONTENT

Is there something you would like to see appear in the next issue of The Zinger newsletter? Please submit your photos and information to Amy at [amcdiarmid@drdh.org](mailto:amcdiarmid@drdh.org).

*Deep River and District Health receives funding from Ontario Health.  
The opinions expressed in this publication do not necessarily represent the views of Ontario Health.*